Connect with Pets Activity Guide

Frozen Peanut Butter Dog Treats

Learn how to safely select the right peanut butter to make a fun frozen treat for your dog

Ingredients Needed

- 1 ripe banana
- 1 cup Yogurt (no sweeteners or flavours)
- 1/2 cup peanut butter

Supplies

- Masher or forks
- Mixing bowl
- Mixing spoons
- Ice cube tray

Instructions

- 1. Mash the banana until it is as smooth as possible
- 2. Add the yogurt and peanut butter
- 3. Mix until well combined (smooth texture)
- 4. Fill your ice cube tray then tap the bottom on a table to knock out any air bubbles
- 5. Place tray of treats in freezer and freeze overnight
- 6. Remove from the tray and store in a freezer safe bag to keep fresh longer (we recommend consuming treats within 90 days)
- 7. Share with your dog as a treat!



Time Required

- 20 minutes to prep
- 4 hours to freeze







Peanut Butter Pet Safety Tips

When picking your P.B.

- NO artificial sweeteners,
 <u>Xylitol</u> is highly toxic to dogs
 - Choose the least ingredients possible (all natural or peanuts only is best)





Make sure to...

- always give in moderation, as a treat and not a meal.
- alternate with healthier options to prevent obesity or other illnesses.
- ask your vet if peanut butter is a good option for your dog.

