#### **Connect with Pets Activity Guide**

## How To Make A Stuffed Kong!

# EDMONTON HUMANE SOCIETY HUMANE EDUCATION

#### Time Required

- 10 minutes to prep
- 2 4 hours to freeze

### **Supplies Needed**

- Kong dog toy
- Spatula or spoon
- Kibble and treat mix
- Peanut butter or wet dog food
  - NOTE: artificial sweeteners are toxic for dogs so keep it natural

#### **Instructions**

- 1. Put a few treats or kibble mix inside Kong so it is filled about halfway
- 2. Cover the hole at the top of the Kong with a thin layer of either Peanut butter OR wet dog food
- 3. Put in freezer to freeze for at least 2 hours or over night
- 4. Give to your dog when it's time for a treat in an area that is easy to clean or safe to get messy





